

For further information and advice regarding COPAXONE therapy contact the My Support Team nurses on:



MY SUPPORT TEAM
0800 502 802
mysupportteam@csl.com.au

COPAXONE® (contains 20mg of glatiramer acetate, 40mg of mannitol and water for injection)

COPAXONE is a funded prescription medicine for patients that meet special medical criteria. Normal doctor's fees will apply.

COPAXONE is used for the management of relapsing forms of Multiple Sclerosis (MS) and may also be used in patients who, for the first time, have experienced symptoms and have MRI changes that indicate a high risk for development of MS. Do not use COPAXONE if you are allergic to any of its ingredients. Tell your doctor if you plan to have surgery; are pregnant or breastfeeding; have allergies to any other medicines or any other substances, such as foods, preservatives or dyes; have ever had any medical conditions, especially asthma or a history of severe allergic reactions; are using any other medicines including those for which you needed no prescription. If you have any concerns about using COPAXONE, talk to your doctor or pharmacist. As with all medicines, COPAXONE can cause some side effects. Commonly reported side effects may include: injection site reactions, vasodilatation, rash, oedema, dyspnoea, chest pain, nausea, eye or visual problems, increased weight, headache, and tremor. Tell your doctor or pharmacist if you notice any that is making you feel unwell. Stop taking COPAXONE and call your doctor right away or get emergency treatment if you have swelling of the face, lips, mouth or throat; difficulty in swallowing or breathing; hives; chest pain or tightness; severe pain; redness or swelling at the injection site that does not go away. Self-injection needs to be taught and practised. Do not attempt self-injection until you are confident that you understand how to inject yourself. Always use COPAXONE strictly as directed by your doctor.

For further information, consult your doctor. Additional consumer medicine information can be obtained from CSL Biotherapies (NZ) Ltd, PO Box 62 590 Greenlane, Auckland 1546. Freephone 0800 502 757 or www.cslbiotherapies.co.nz COPAXONE® is a registered trademark owned by TEVA Neuroscience, Inc. Based on the COPAXONE consumer medicine information dated February 2010. COPA-006-04/12. DA1111PG

CSL Biotherapies



COPAXONE® Self injection guide



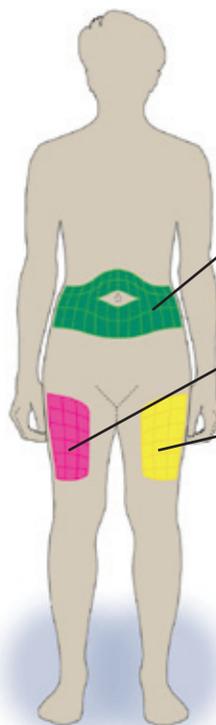
Making time for life.



Injection sites

There are 7 possible areas on the body for self-injection:

Recommended to choose a different coloured injection site each day and rotate injections within each of the sites. This will reduce the chances of irritation or pain.



FRONT

AREA 1

THE ABDOMEN

Avoid about 5 cm on either side of the navel

AREA 2

THE THIGHS

About 5 cm above the knee and 5 cm below the groin

AREA 3

BACK

AREA 4

THE ARMS

The fleshy part of the upper back of the arms

AREA 5

AREA 6

THE HIPS

The fleshy area of the upper hips always below the waist

AREA 7

Why can't I use the same injection site all the time?

Using only one or two injection sites can cause them to become hard and sore from repeated use. By patients using a range of injection sites each week, you give the sites time to recover.

Top 5 tips for injecting

COPAXONE



Make sure COPAXONE is at room temperature prior to injection

If refrigeration is unavailable, COPAXONE can be stored at room temperature (below 25°C) for up to one month. If stored in the fridge take out at least 20 minutes prior to injection.



Warm injection site prior to injection – this may help to reduce injection site reactions

Use a warm heat pack for 5 minutes pre injection – My Support Team can provide heat packs.



Ensure that the depth of injection is correct

Check with your doctor or MS nurse to determine your correct needle depth adjustment before you start using the Autoject2.



Rotate injection sites – use a different injection site everyday

There are 7 recommended injection sites. Injection sites can be found on the back of this guide.



Call the My Support Team nurses – 0800 502 802

The My Support Team nurses can provide information, advice and support regarding injecting COPAXONE.

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