

Relief for your skin

Dear Patient, Dear Parent,

Your doctor has diagnosed you or your child with eczema, a common skin condition often characterized by itchiness and inflammation. The topical corticosteroid that your doctor has prescribed is a fast and effective way to relax the symptoms and provide relief.

Some simple guidelines:

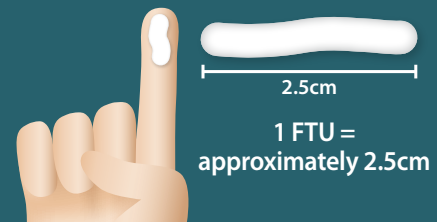
When? Depending on your doctor's instructions, apply the topical corticosteroid once a day. Choose a time of the day when you have a few minutes to apply it carefully.

How much? The amount to apply depends on the size of the affected area. Please follow your doctor's instructions or refer to the chart on the back to find the amount of cream / ointment recommended by your doctor for you or your child.

The so-called Finger Tip Unit is an easy way to apply the right amount of topical medicine.

The following doses are described in Finger Tip Units (FTU).

These Finger Tip Unit dose descriptions provide an approximation of how much cream/ointment you need for different parts of the body. 1 FTU is the amount of cream/ointment that you dispense from your fingertip to the first joint of an adult finger.



Your doctor recommends: _____ FTU(s) x daily

ADVANTAN's 15g tube dispenses approximately 0.5g per FTU as per the FTU guidelines.

The following FTU dose has been prescribed by your doctor as per the graphic below.

ADULT					
	Face & neck	Arm & hand	Leg & foot	Torso	Back
Adult	2.5	Arm: 3.0 Hand: 1.0	Leg: 6.0 Foot: 2.0	7.0	7.0
CHILD					
Age	Face & neck	Arm & hand	Leg & foot	Torso	Back & bottom
3-6 months	1.0	1.0	1.5	1.0	1.5
1-2 years	1.5	1.5	2.0	2.0	3.0
3-5 years	1.5	2.0	3.0	3.0	3.5
6-10 years	2.0	2.5	4.5	3.5	5.0

ADVANTAN® Ointment and Cream (contains 1 mg methylprednisolone aceponate per gram)

ADVANTAN is a fully funded prescription medicine. Normal doctor's fees and pharmacy charges will apply. ADVANTAN is used for the treatment of atopic dermatitis, eczema in children, contact eczema, or degenerative, dyshidrotic, or vulgar eczema. ADVANTAN has benefits and risks. Do not use ADVANTAN if you are allergic to any of the ingredients of ADVANTAN; suffer from virus diseases (for example: chicken pox/varicella, herpes zoster), tuberculosis, syphilis or post-vaccination skin reactions in the area to be treated; have acne, rosacea or perioral dermatitis. Prolonged use (longer than 12 weeks in adults and 4 weeks in children) should be avoided. Care must be taken to ensure ADVANTAN does not come into contact with the eyes. Tell your doctor if you have a bacterial or fungal skin infection; are pregnant or intend to become pregnant; are breast-feeding or planning to breastfeed; suffered a previous case of glaucoma; are using any other medicines including those for which you needed no prescription. If your skin dries out excessively under use of ADVANTAN cream, a switch should be made to ADVANTAN ointment. As with any medicine some side effects may occur. Tell your doctor or pharmacist if you notice any of the following: itching, burning, redness, or blistering in the area of the skin ailment; hair follicle inflammation; excessive hair growth; perioral dermatitis. Tell your doctor if you notice any other unwanted effects, or if there is a change in your health that you think might be caused by ADVANTAN. Always use ADVANTAN strictly as directed by your doctor. Speak to your doctor to see if ADVANTAN is right for you. For further information, consult your doctor. Additional consumer medicine information can be obtained from the Medsafe website www.medsafe.govt.nz or from bioCSL (NZ) Ltd, PO Box 62 590 Greenlane, Auckland 1546. Freephone 0800 502 757 or www.bioCSL.co.nz ADVANTAN® is a registered trademark of Bayer Schering Pharma AG. Based on the ADVANTAN ointment and cream consumer medicine information dated November 2006. DERM-021-05/10. DA4714PG

